



Spinal Decompression Therapy

Offering cutting-edge

to gently alleviate your discomfort and get you back to living your best life

Reclaim Your Life
Release Your Pain



What is Spinal Decompression?

This non-surgical, gentle therapy uses a specialized motorized table to:

- Decompress your spine.
- Reduce pressure on discs and nerves.
- Promote healing and pain relief.

We Can Help With:

- Herniated or Bulging Discs
- Degenerative Disc Disease
- Sciatica
- Spinal Stenosis
- Facet Joint Syndrome
- Radiculopathy
- Chronic Neck and Back Pain

Our Comprehensive Approach:

- **Non-Surgical Spinal Decompression:** Gentle, effective treatment using advanced technology.
- **Chiropractic Adjustments:** Restore proper spinal alignment for optimal healing.
- **Physical Therapy Exercises:** Strengthen supporting muscles and improve flexibility.
- **Muscle Stimulation:** Reduce muscle spasms and pain.
- **Ultrasound Therapy:** Reduce inflammation and promote tissue healing.
- **Lifestyle and Posture Advice:** Prevent future problems with proper guidance.
- **Soft tissue therapy:** Relax tight muscles with massage and other techniques.



Is Spinal Decompression Right For You?

While highly effective, it's not for everyone. We'll assess your condition and determine the best course of action.

Important Considerations:

- Not recommended for pregnancy, spinal fractures, tumors, metal implants, or advanced osteoporosis.
- A consultation with our qualified healthcare professionals is essential.

Take the First Step Towards Pain Relief!



(704) 527-1020

Call Freedom From Pain Centers Today For a Consultation!